

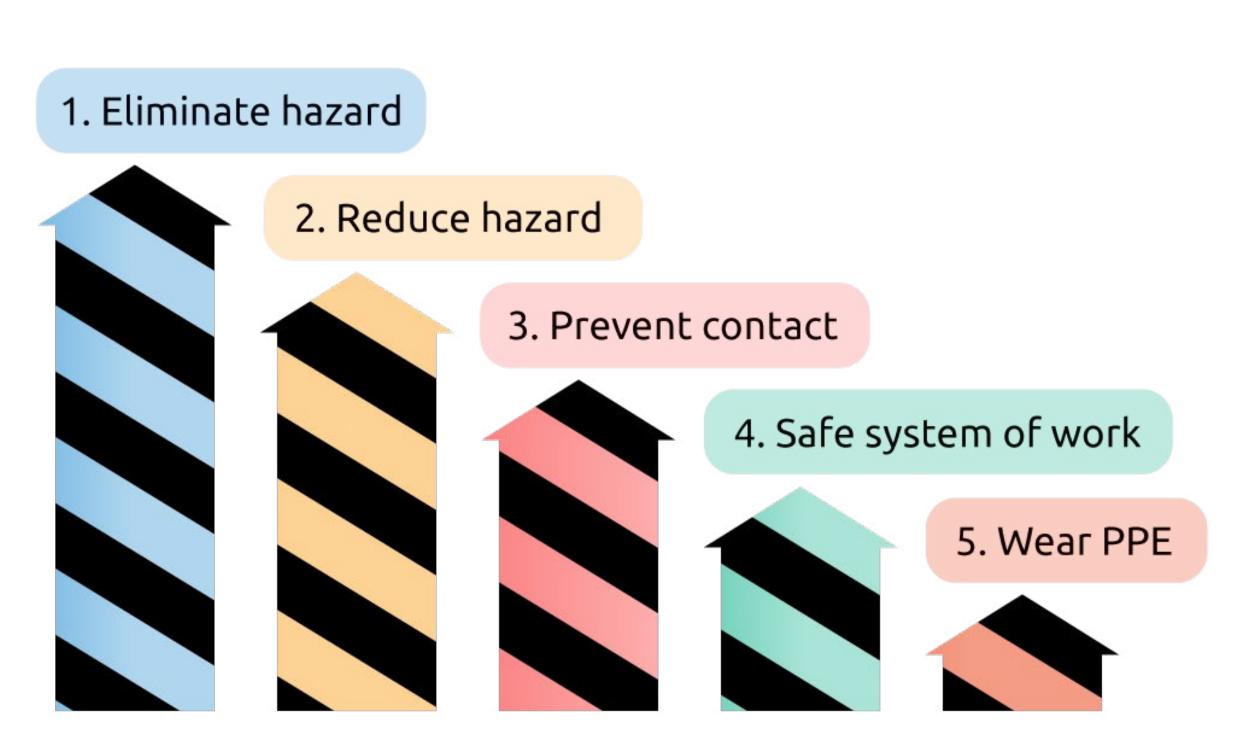
INTRODUCTION

Implementing control measures reduces the likelihood and consequences of injury or ill health in the workplace. But how do control measures help to reduce risk, and in what order should they be used?

To help decide what safety precautions should be considered, there is a simple process known as the hierarchy of risk control. Controls at the top of the

hierarchy are the preferred options and are often referred to as Safe Place Controls because they are less reliant on people doing something and they generally can protect more people. Safe systems of work and PPE are often referred to as Safe Person Controls.

This guide looks at the control measures in the hierarchy and how they can be applied.





JAMIE ROBINSON

Health and Safety Trainer, International Workplace

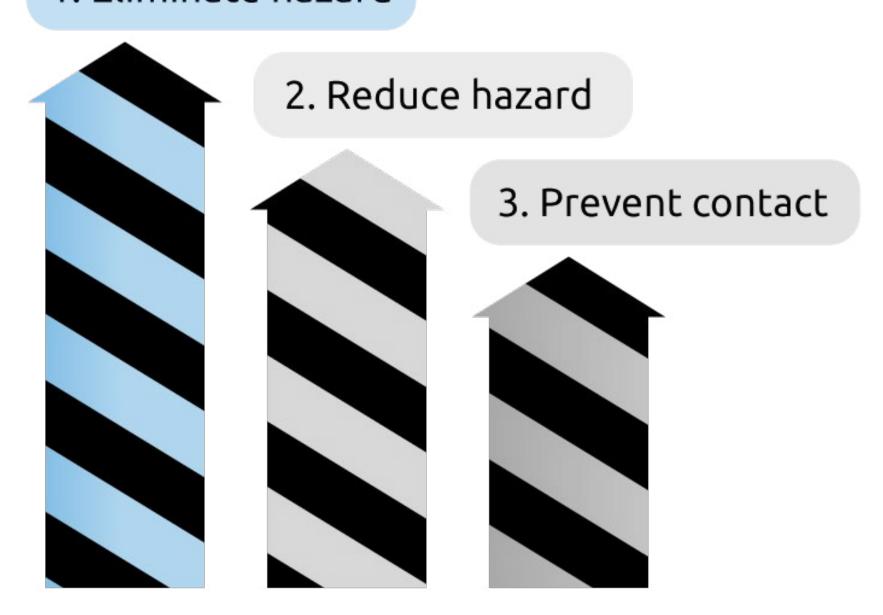
CONTROL MEASURES Safe place controls

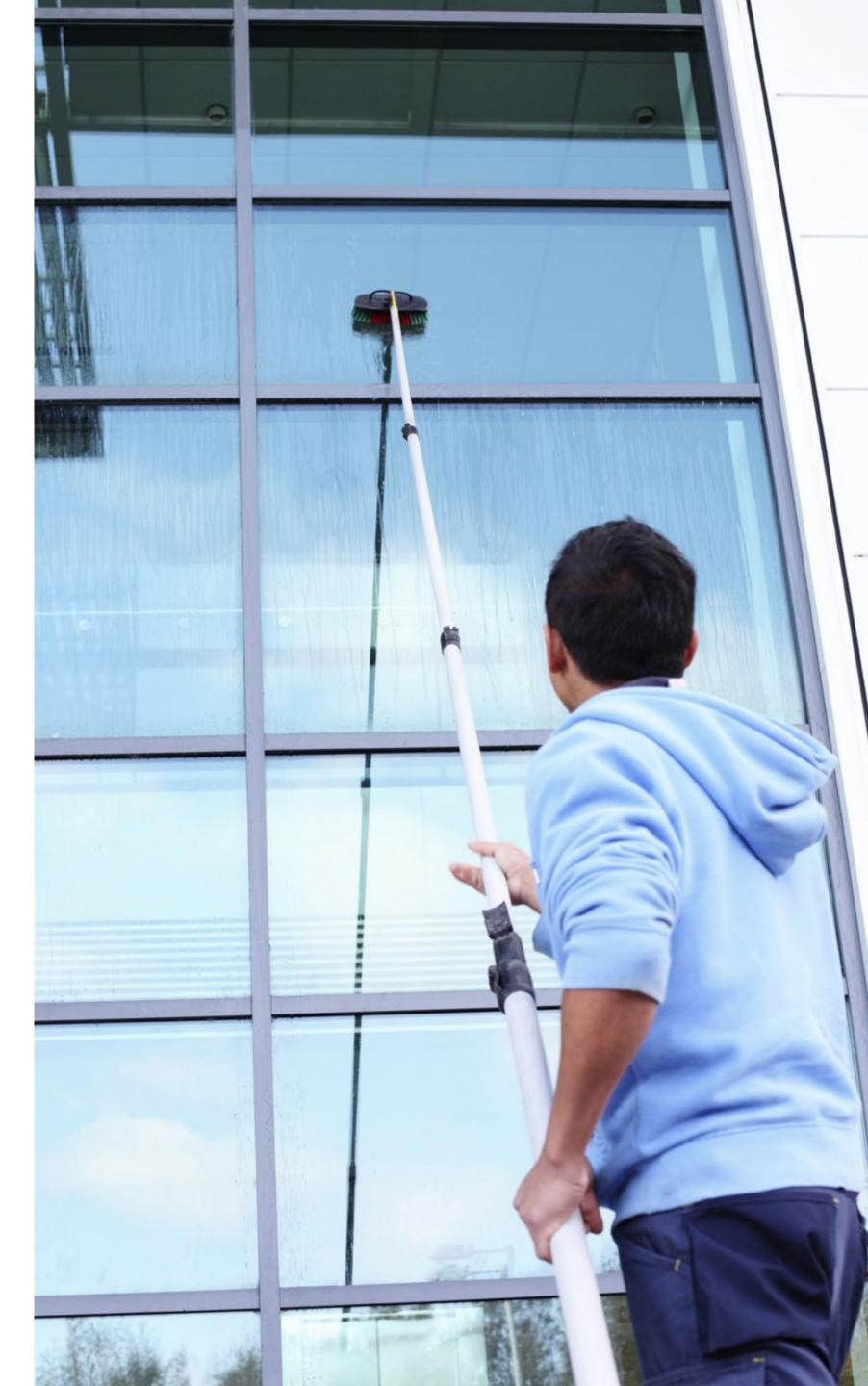
1. Eliminate the hazard

This is the most effective method of reducing hazards in the workplace. Employers should always consider whether the job needs to be done in the first place, thereby eliminating the hazard altogether.

Examples include not working at height if the job can be done from the ground, not using dangerous chemicals unless they are essential, keeping people out of areas where vehicles are manoeuvring, or not using a piece of machinery unless it's necessary. Obviously, eliminating the hazard is not always possible.

1. Eliminate hazard





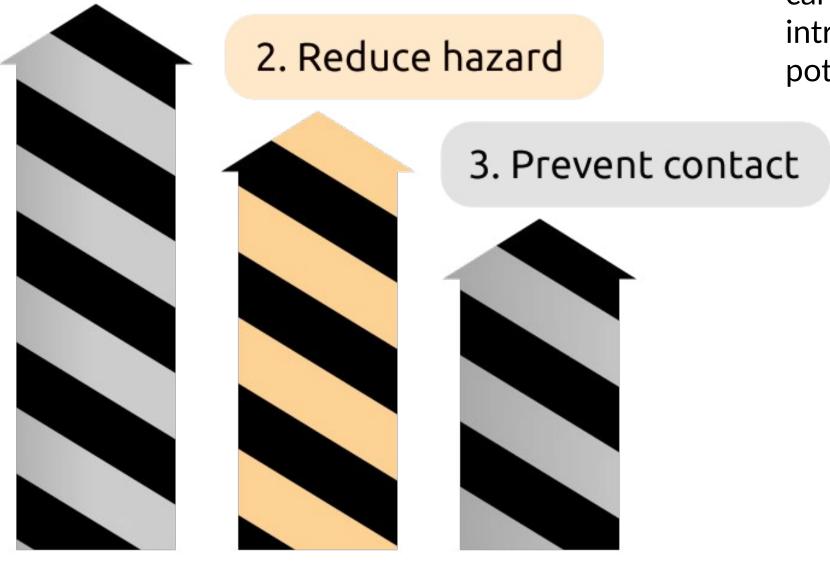
CONTROL MEASURES Safe place controls

2. Reduce the hazard

A hazard can be reduced by substituting it with a less hazardous solution. In many cases it may be possible to substitute, reduce or replace the machine, material, activity or other feature that introduces the hazard, by an alternative method of work. This could include replacing a solventbased paint with a water-based paint, or swapping from a petrol-driven lawn mower to an electric one. It could also include reducing the amount of time spent doing a certain activity.

Whenever substitution is considered, the effects of the new method of work must also be considered. For example, using a forklift truck may make carrying a heavy object easier, but the truck itself introduces new hazards and risks, which could potentially be more dangerous.

1. Eliminate hazard



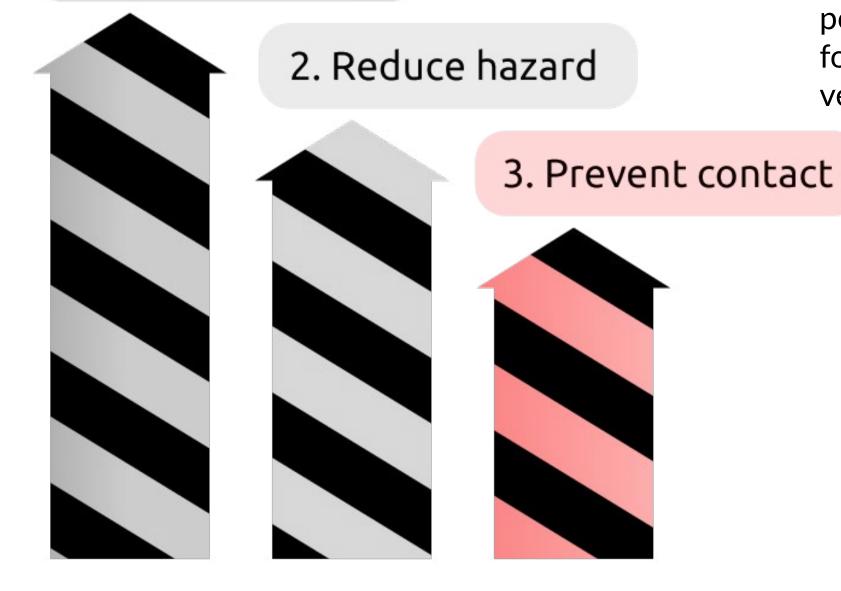


CONTROL MEASURES Safe place controls

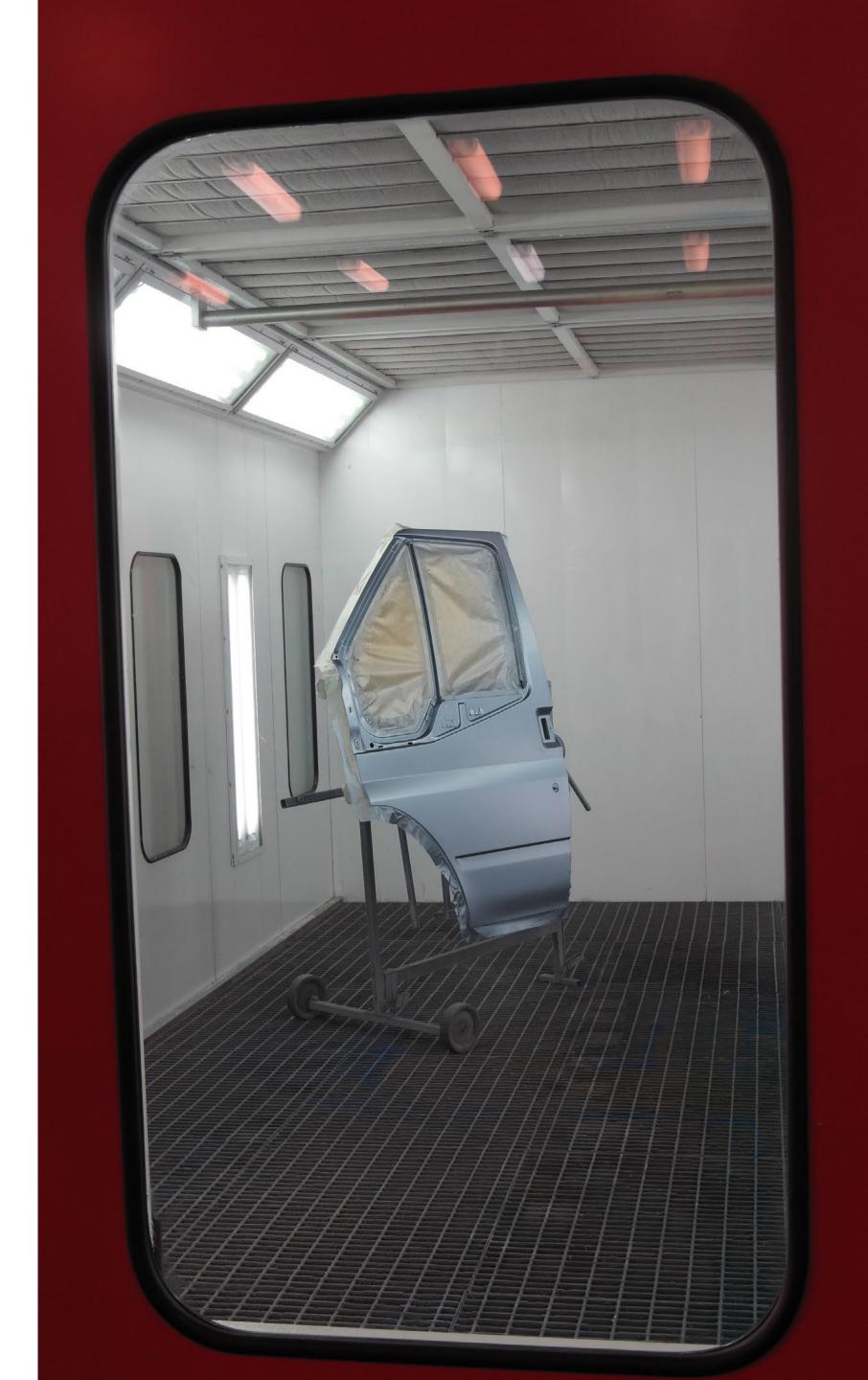
3. Preventing people coming into contact with the hazard

Preventing people coming into contact with a hazard can be done in one of two ways – putting distance between people and the hazard or enclosing the hazard.

1. Eliminate hazard



In some cases, it may be possible to isolate the hazard from the employee (such as by providing fixed guarding to moving parts of a machine). In other cases, it may be possible to carry out the activity in a specific area, thereby enclosing the hazard and reducing exposure to fewer employees (for example, by providing a paint spray booth for the painting of cars or undertaking welding in a specially designed workshop). It may also be possible for the hazard to be removed by some form of engineering control (such as providing local ventilation to remove hazardous fumes).



CONTROL MEASURES Safe person controls

4. Safe systems of work

The introduction of safe systems of work will often make activities much safer. The extent of the safe system of work will depend on the nature of the activity and how dangerous the activity might be.

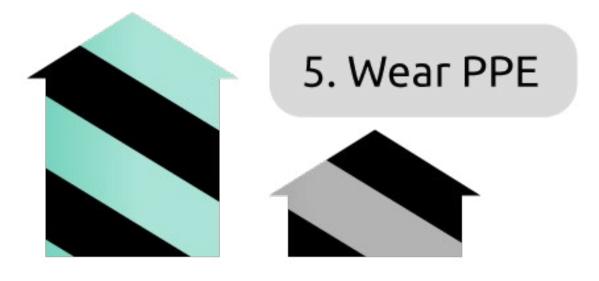
Permit-to-work systems are detailed formal written systems that are used for controlling works that are particularly hazardous, such as working with high voltage electricity or in confined spaces. The permit specifies the exact work that is to be carried out, along with the precautions that must be taken.

In addition to these systems, there may also be times when you need to limit a person's exposure

to a particular hazard (chemicals, noise and dust, etc.). The longer their exposure, the greater the likelihood of developing health problems. This could be achieved by having several people working for short periods rather than one person working for several hours; however, it relies very much on each individual sticking to a specific time allocation.

All employees must understand the importance of following safe working procedures. The level of training will vary depending on the nature of the job, the level of risk and the competency of the person.

4. Safe system of work





CONTROL MEASURES Safe person controls

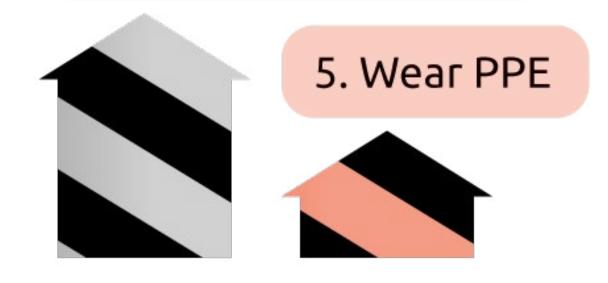
5. Wear PPE

Personal protective equipment (PPE) should always be considered as a last resort as it relies on people to use it properly. Only when there is no other alternative should PPE be provided.

The characteristics of the PPE should be clearly defined to ensure that it is suitable to withstand the risks it is to encounter. Employees should be actively involved in the selection of PPE to ensure that it is easy to use and maintained in an effective condition.

PPE includes goggles, respiratory protection, gloves, safety shoes and head protection.

4. Safe system of work





THE BENEFITS

The hierarchy of risk control shows the order in which you should try to choose your control measures, making it clear that you should start from the top of the hierarchy and work down. In practice, eliminating a hazard cannot

always be done, so generally you will find yourself choosing a combination of control measures in order to reduce the risk to an acceptable level. Other factors may also influence your choice.



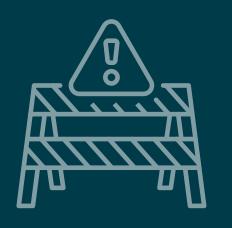
The number of people you're trying to protect

How many people need protecting from the hazard? It is better to use a risk control measure that protects everyone who might be affected, rather than relying on people using their own protection.



Reliance on behaviour

Is the control measure only effective if used correctly?
It's always better to use something that doesn't rely on human intervention.



Maintenance

If the control measure requires regular maintenance in order for it to stay effective, it may not always work.



Cost

How much does the risk control measure cost?
Think about overall costs, including running and maintenance expenses.



Reduction of risk

Some risk control measures reduce risk more than others but may not necessarily be the right choice.

KEY TAKEAWAYS

- > Eliminating the hazard is the most effective method of reducing hazards in the workplace. Employers should always consider whether the job needs to be done in the first place, thereby eliminating the hazard altogether.
- A hazard can be reduced by substituting it with a less hazardous solution. In many cases it may be possible to substitute, reduce or replace the machine, material, activity or other feature that introduces the hazard, by an alternative method of work.
- > Preventing people coming into contact with a hazard can be done in one of two ways putting distance between people and the hazard or enclosing the hazard.
- The introduction of safe systems of work will often make activities much safer. The extent of the safe system of work will depend on the nature of the activity and how dangerous the activity might be.
- Personal protective equipment (PPE) should always be considered as a last resort as it relies on people to use it properly. Only when there is no other alternative should PPE be provided.
- In practice, eliminating a hazard cannot always be done, so generally you will find yourself choosing a combination of control measures in order to reduce the risk to an acceptable level.

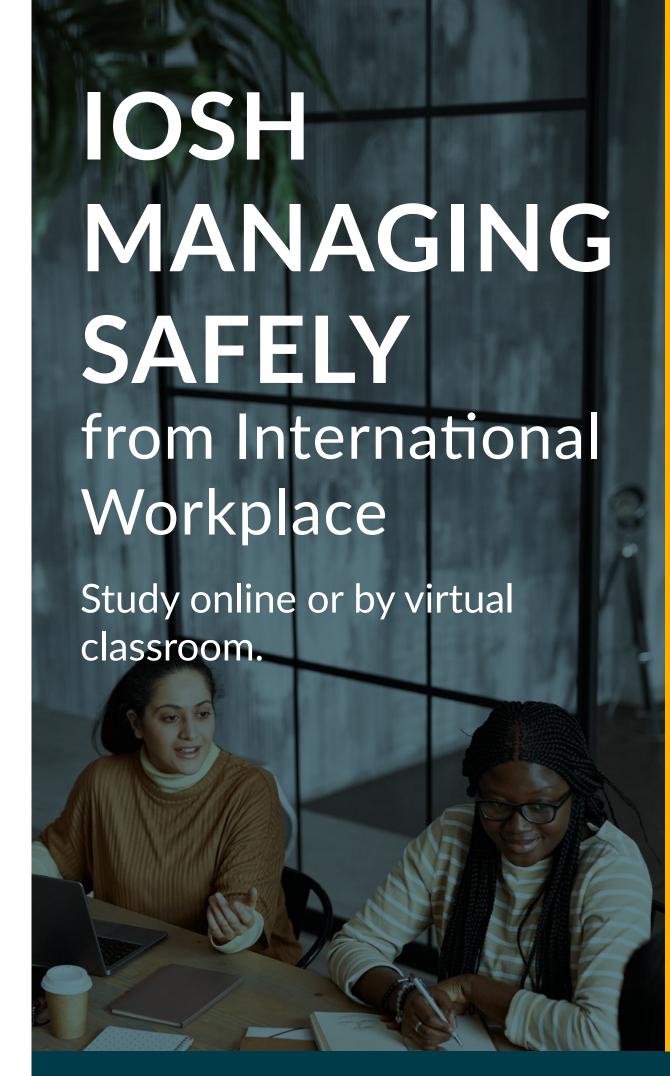


FURTHER READING

HSE: Controlling the risks

HSE: Risk assessment – a brief guide to controlling risks in the workplace

Management of risk when planning work: The right priorities



All of the content in this guide is taken from International Workplace's IOSH Managing Safely course.

The course covers:

- Basic principles of health and safety moral, financial and legal
- Concept of safety management using the Plan/ Do/Check/Act model
- Importance of health and safety strategy, plans and objectives
- Management of occupational risk risk profiling
- The legal framework criminal and civil, corporate manslaughter, corporate and personal liabilities
- Enforcement arrangements
- Safety leadership key actions a senior manager can take
- Reviewing your health and safety performance and risk management arrangements



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To find out more about the course, visit www.internationalworkplace.com/iosh-training/managing-safely or call 0333 210 1995.